

Demisha Ramirez

03/09/2017

JOU 215

Healing to the Bone

TRT: 1:30

<p>Take Audio Full Track 1 (your voice)</p> <p>Take SOT: VIRGINIA FELICETTI</p> <p>Track 2</p> <p>Take sot VIRGINIA</p> <p>Take 3</p> <p>Take sot CAROLINA FIGUEROA</p> <p>Track 4</p>	<p>TAKE AUDIO PKG FULL TRACK 1</p> <p>A new solution to anxiety and depression may not include taking prescription medication. Emotional Support Animals have been more and more popular amongst diagnosed mental health disorders- such as anxiety and depression. Viginia Felicitti suffers from anxiety. (:17)</p> <p>TAKE SOT- VIRGINIA FELICETTI STUDENT</p> <p>“I just have had so much work to do. I’ve had to re-do my senior thesis twice. I’ve been feeling all types of anxiety that an ESA could help with.”(:08)</p> <p>TRACK 2Virginia is hoping the positive effects of having such a close relationship with an animal can help with her anxiety. (:06)</p> <p>TAKE SOT- VIRGINIA</p> <p>“I’ve known a couple of people who have one and it has helped them. So hopefully it can help me too.”(:06)</p> <p>TRACK 3</p> <p>Carolina Figueroa suffers from anxiety and recently adopted an Emotional Support Dog. She already feels the benefits. (:07)</p> <p>TAKE SOT- CAROLINA Figueroa</p> <p>“An ESA is a very good thing for you just in an overall health manner. He does help with my test anxiety and such..” (:06)</p>
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Track 6	<p style="text-align: center;">TRACK 6</p> <p>When adopting his ESA, Ben was the exception to the rule that many shelters have.</p>
Take sot BEN	<p style="text-align: center;">TAKE SOT- (Ben)</p> <p>“I went to the Champaign County Humane Society. Usually they don’t allow anyone under 21, but since he was an ESA they made an exception” (:08)</p>
Track 7	<p style="text-align: center;">TRACK 7</p> <p>Although the Champaign County Humane Society is 21 and over, there is an event sponsored by Dogs From Mars based in Chicago. This is open to all ages and is also in Champaign. (:09)</p>
Take sot VIRGINIA	<p style="text-align: center;">TAKE SOT- Virginia</p> <p>"I'd much rather adopt than buy, because there are just so many dogs in need of help." (:06)</p>
Track 8	<p style="text-align: center;">TRACK 8</p> <p>There are plenty of animals in need of help and they can help you more than you know.</p>
Take sot Carolina	<p style="text-align: center;">TAKE SOT- Ben</p> <p>“He gives me something to look forward to when I get home.” (:06)</p>
Track 9	<p style="text-align: center;">TRACK 9</p> <p>Sometimes healing can come from unexpected places like a 4 four legged animal and a wet nose. For Off the Shelf and Online, I’m Demisha Ramirez. (:08)</p>
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